Test 3

LISTENING

SECTION 1 Questions 1–10

Complete the notes below.

Write ONE WORD AND/OR A NUMBER for each answer.

Moving to Banford City				
Example				
Linda recommends living in suburb of:				
Accommodation				
Average rent: 1 £a month				
Transport				
Linda travels to work by 2				
Limited 3in city centre				
Trains to London every 4 minutes				
Poor train service at 5				
Advantages of living in Banford				
New 6opened recently				
7 has excellent reputation				
Good 8on Bridge Street				
Meet Linda				
Meet Linda on 9after 5.30 pm				
In the 10 opposite the station				

SECTION 2 Questions 11-20

Questions 11-16

What advantage does the speaker mention for each of the following physical activities?

Choose **SIX** answers from the box and write the correct letter, **A–G**, next to Questions 11–16.

Advantages

- A not dependent on season
- B enjoyable
- C low risk of injury
- D fitness level unimportant
- E sociable
- F fast results
- G motivating

Physical activities

•	11	using a gym	
•	12	running	
•	13	swimming	
	14	cycling	
	15	doing yoga	
	16	training with a personal trainer	

Test 3

Questions 17 and 18

Choose TWO letters, A-E.

For which TWO reasons does the speaker say people give up going to the gym?

- A lack of time
- B loss of confidence
- C too much effort required
- D high costsE feeling less successful than others

Questions 19 and 20

Choose TWO letters, A-E.

Which TWO pieces of advice does the speaker give for setting goals?

- A write goals down
- B have achievable aims
- C set a time limit
- D give yourself rewardsE challenge yourself

SECTION 3 Questions 21–30

Questions 21-24

Choose the correct letter, A, B or C.

Project on using natural dyes to colour fabrics

- What first inspired Jim to choose this project?
 - A textiles displayed in an exhibition
 - B a book about a botanic garden
 - C carpets he saw on holiday
- 22 Jim eventually decided to do a practical investigation which involved
 - A using a range of dyes with different fibres.
 - B applying different dyes to one type of fibre.
 - C testing one dye and a range of fibres.
- 23 When doing his experiments, Jim was surprised by
 - A how much natural material was needed to make the dye.
 - B the fact that dyes were widely available on the internet.
 - C the time that he had to leave the fabric in the dye.
- 24 What problem did Jim have with using tartrazine as a fabric dye?
 - A It caused a slight allergic reaction.
 - B It was not a permanent dye on cotton.
 - C It was ineffective when used on nylon.

Test 3

Questions 25-30

What problem is identified with each of the following natural dyes?

Choose **SIX** answers from the box and write the correct letter, **A–H**, next to Questions 25–30.

Problems

- A It is expensive.
- B The colour is too strong.
- C The colour is not long-lasting.
- D It is very poisonous.
- E It can damage the fabric.
- F The colour may be unexpected.
- G It is unsuitable for some fabrics.
- H It is not generally available.

Natural dyes

25	turmeric	
26	beetroot	
27	Tyrian purple	
28	logwood	
29	cochineal	
30	metal oxide	,

SECTION 4 Questions 31-40

Complete the notes below.

Write ONE WORD ONLY for each answer.

The sleepy lizard (tiliqua rugosa)					
Description					
They are common in Western and South Australia					
They are brown, but recognisable by their blue 31					
They are relatively large					
Their diet consists mainly of 32					
Their main predators are large birds and 33					
Navigation study					
One study found that lizards can use the 34 to help them navigate					
Observations in the wild Observations show that these lizards keep the same 35 for several years					
What people want					
Possible reasons:					
to improve the survival of their young (but little 36 has been noted between parents and children)					
- to provide 37 for female lizards					
Tracking study					
A study was carried out using GPS systems attached to the 38 of the lizards					
This provided information on the lizards' location and even the number of 39 taken					
 It appeared that the lizards were trying to avoid one another 					
This may be in order to reduce chances of 40					