1. A hot potato

Meaning: Something that is difficult or dangerous to deal with.

Example: Terrorism is a political hot potato in Afghanistan.

2. A penny for your thoughts

Meaning: Way of asking what someone is thinking.

Example: After several minutes of silence he finally looked at her and said, "A penny for your thoughts, Lily."

3. Actions speak louder than words

Meaning: What you do is more significant than what you say.

Example: He: I'm sorry. I'll try to be a better person henceforth.

She: Actions speak louder than words.

4. Add insult to injury

Meaning: To make a bad situation worse.

Example: Their basement was flooded, and then, to add insult to injury, a pipe burst in the kitchen.

5. An arm and a leg

Meaning: A lot of money.

Example: It's the best cruise in the world, but it will cost you an arm and a leg.

6. At the drop of a hat

Meaning: Immediately; without any hesitation

Example: Ellie was always ready to go shopping at the drop of a hat.

7. Back to the drawing board

Meaning: Start something all over again.

Example: I failed this semester, but now I am back to the drawing board.

8. Ball is in your court.

Meaning: It is up to you to take the next step

Example: I've made my decision, now the ball is in your court.

9. Barking up the wrong tree

Meaning: Looking in the wrong place; accusing the wrong person.

Example: He did not commit the crime, you're barking up the wrong tree.

10. Be glad to see the back of

Meaning: Be glad to see someone leave.

Example: I never liked her. I'll be glad to see the back of her.

11. Beat around the bush

Meaning: Avoid answering a question; not speaking directly about the issue.

Example: Tell me what the problem is, stop beating around the bush.

12. Best of both the worlds

Meaning: Situation wherein one can enjoy two different opportunities.

Example: She had the privilege of a professor and freedom of a student. She had the best of both worlds.

13. Best thing since sliced bread

Meaning: A good idea or plan; an excellent new invention.

Example: I love your idea. It's the best thing since sliced bread.

14. Bite off more than you can chew

Meaning: To take on a task that is way too big.

Example: Our boss bit off more than she could chew when she promised the client we'd have the project ready by next week.

15. Blessing in disguise

Meaning: Something good that isn't recognized at first.

Example: Ashok's losing his job was a blessing in disguise; it gave him an opportunity to pursue higher studies.

16. Burn the midnight oil

Meaning: To stay up working, especially studying, late at night.

Example: She's been burning the midnight oil for the last few months; her hard work will definitely pay off in the coming exams.

17. Don't judge a book by its cover

Meaning: Don't judge something primarily by its appearance.

Example:

She: He doesn't look intelligent.

He: You can't judge a book by its cover.

18. Caught between two stools.

Meaning: When someone finds it difficult to choose between two alternatives.

Example: He had committed to both and now he's caught between two stools.

19. Cross that bridge when you come to it.

Meaning: Deal with a problem if and when it becomes necessary.

Example: He: I think I need to hire a lawyer.

She: Cross that bridge when you come to it.

20. Cry over spilled milk

Meaning: To be unhappy about something that cannot be undone.

Example: It can't he helped, don't cry over spilled milk.

21. Curiosity killed the cat

Meaning: Being too curious can get you into trouble.

Example: Don't ask about his divorce-curiosity killed the cat!

22. Cut corners

Meaning: To take shortcuts; when something is done badly to save money.

Example: They always put quality first; they won't cut corners just to save money.

23. Cut the mustard

Meaning: Perform satisfactorily; to succeed.

Example: We need a better catcher; this one just doesn't cut the mustard.

24. Devil's advocate

Meaning: To present a counter argument

Example: The teacher always played devil's advocate to provoke discussion in the classroom.

25. Don't count your chickens before the eggs have hatched.

Meaning: Don't make plans for something that might not happen.

Example: You might not win the prize and you've already spent the money? Don't count your chickens before the eggs have hatched.

26. Don't give up the day job

Meaning: You're not very good at something. You could definitely not do it professionally.

Example: Why did you invest in business even after failing in it in the past? Don't give up the day job!

27. Don't put all your eggs in one basket

Meaning: Don't focus all of your attention on one thing or one area.

Example: I know you love Harvard, but don't put all your eggs in one basket. Apply to other colleges too.

28. Drastic times call for drastic measures

Meaning: When you're extremely desperate you need to take drastic actions.

Example: Yes we had to let go of five of our workers! Drastic times call for drastic measures.

29. Elvis has left the building

Meaning: The show has come to an end. It's all over.

Example: We waited for another performance by the band but it looked like Elvis had left the building.

30. Every cloud has a silver lining

Meaning: Be optimistic, even difficult times will lead to better days.

Example: I'm sorry your business is going badly, but remember every cloud has a silver lining.

31. Far cry from

Meaning: A thing that is very different from something else.

Example: What you did was a far cry from what you said you were going to do.

32. Feel a bit under the weather

Meaning: Feeling sick or unhealthy.

Example: I'm not coming to office today, I'm feeling a bit under the weather.

33. Give the benefit of doubt

Meaning: Believe someone's statement without proof.

Example: I knew him since the past 5 years, so I gave him the benefit of doubt.

34. Hear through the grapevine

Meaning: To hear news from someone who heard that news from someone else

Example: I heard through the grapevine that she's pregnant.

35. Hit the nail on the head

Meaning: To do or say exactly the right thing.

Example: You've spotted the flaw, Robert. You've hit the nail on the head.

36. Hit the sack/sheets/hay

Meaning: To go to bed.

Example: I'm exhausted. I think I'll just hit the sack.

37. In the heat of the moment

Meaning: Overwhelmed by what's happening at the moment.

Example: He doesn't hate you. He just said that in the heat of the moment.

38. It takes two to tango

Meaning: Both people involved in a bad situation are responsible for it.

Example: He blamed her for his lack of attention; well it takes two to tango.

39. Jump on the bandwagon

Meaning: Join a popular trend or activity.

Example: So many people are playing that game that I might as well jump on the bandwagon and check it out.

40. Keep something at bay

Meaning: Keep something away

Example: A good way to keep your anxiety at bay is through meditation.

41. Kill two birds with one stone

Meaning: To solve two problems at a time with just one action

Example: John practiced his words while peeling the potatoes. He was killing two birds with one stone.

42. Last straw

Meaning: The final problem in a series of problems

Example: This is the last straw. I'm calling the police.

43. Let sleeping dogs lie

Meaning: Leave something alone if it might cause trouble.

Example: I thought I would ask him if he wanted me to pay him back right away, but then I decided to let the sleeping dogs lie.

44. Let the cat out of the bag

Meaning: To share information that was previously concealed.

Example: It's our secret. Don't let the cat out of the bag.

45. Make a long story short

Meaning: Come to the point – leave out the details.

Example: And – to make the long story short – I never got back the money I lent him.

46. Method in the madness

Meaning: A purpose in what one is doing, even though it seems to be crazy.

Example: What I'm doing might seem strange, but there is method in my madness.

47. Miss the boat

Meaning: To miss out on something.

Example: Pay attention, John, or you'll miss the boat and never learn algebra.

48. Not a spark of decency

Meaning: A person who has no manners

Example: Her brother has not a spark of decency. I don't like the way he acts in public.

49. Not playing with the full deck

Meaning: Someone who is mentally, psychologically or intellectually deficient.

Example: He's an intelligent guy, but with all that crazy things he does, I wonder if he's not playing with the full deck.

50. On the ball

Meaning: When someone understands a situation well; attentive.

Example: If you were on the ball, this wouldn't have happened.

51. Off the record

Meaning: Not made as an official or attributable statement; unofficial; confidential

Example: He accepted his fault off the record and hence it could not be used by the prosecutor in the court.

52. Oldest trick in the book

Meaning: A well known and much used trick/method

Example: Oldest trick in the book to treat cold and cough is drinking turmeric milk.

53. Off the cuff

Meaning: Without preparation; spontaneous

Example: She has a reputation of handling off the cuff interviews very well.

54. Old habits die hard

Meaning: People find it difficult to change their accustomed behavior.

Example: She retired last month, but still gets up at the same time in the morning. Old habits die hard.

55. Once in a blue moon

Meaning: Very rarely

Example: Jill has a very rocky relationship with her father. She speaks to him once in a blue moon.

56. Open the floodgates

Meaning: Release something that was previously under control

Example: Economists fear that relaxing price control will open the floodgates to inflation.

57. Out of the blue

Meaning: Happen unexpectedly

Example: She had given up all hope when out of the blue she got a call from Harvard.

58. Out on a limb

Meaning: Do something risky or something that others do not support (leaving the doer in a difficult situation)

Example: She was out on a limb with her project – nobody supported her idea.

59. Over the top

Meaning: Totally excessive and not suitable for the occasion.

Example: Her sari was way over the top for a sombre occasion like this.

60. Pen is mightier than the sword

Meaning: Words and communication have a greater effect than war

Example: A simple handwritten note put an end to their week long cold war – pen is mightier than the sword.

61. Push one's luck

Meaning: Trying to obtain more than what one has (risk spoiling the current situation)

Example: You have my permission to go to your friends' place but don't push your luck by planning a night out.

62. Raining cats and dogs

Meaning: Raining heavily

Example: We'll have to cancel the trip, it's raining cats and dogs here.

63. Reap the harvest

Meaning: Benefit or suffer as a direct result of past actions.

Example: When he cleared IIT-JEE, he reaped the harvest of all his hard work.

64. Roll up one's sleeves

Meaning: Get ready for hard work

Example: My brother said he would roll up his sleeves and do whatever it takes to support the

family.

65. See eye to eye

Meaning: To be in agreement with

Example: She was glad her roommate saw eye to eye on the choice of the flat.

66. Shot in the dark

Meaning: A complete guess (may or may not be close to the truth)

Example: He didn't know too much about programming, so answering the interviewer's question

was merely a shot in the dark.

67. Sink your teeth into

Meaning: Do something with a lot of energy and enthusiasm.

Example: Robin immediately sank his teeth into his new job.

68. Skating on thin ice

Meaning: Do or say something risky or something that could cause trouble.

Example: Don't say anything that hurts her self esteem or you could be skating on thin ice.

69. Stand in a good stead

Meaning: To be useful or be of good service to someone.

Example: Being fluent in German will stand you in a good stead when applying for an MS in Germany.

70. Strike while the iron is hot

Meaning: To act at the right time

Example: The price of gold is at a 10 year low, strike while the iron is hot and invest in it right away.

71. Take a back seat

Meaning: Choose to be less important in a role

Example: He finally decided to take a back seat and let his son run the family business.

72. Take with a grain/pinch of salt

Meaning: To doubt the accuracy of information

Example: A lot is said about the celebrities in media, but that information should be taken with a grain of salt.

73. Take a nosedive

Meaning: Rapid drop or decrease in value

Example: The share prices took a nosedive when there were rumors of the company's CEO resigning.

74. Take the plunge

Meaning: Venture into something of one's interest despite the risks involved

Example: Jack finally took the plunge and opened a restaurant.

75. Taste of one's own medicine

Meaning: Treat people the same (unpleasant) way they treated you

Example: People who often disregard others should be given a taste of their own medicine.

76. Think the world of

Meaning: Admire someone very much

Example: Emily is a wonderful teacher – children think the world of her.

77. Tight spot

Meaning: A difficult situation

Example: The recent lawsuit has put the firm in a tight spot.

78. Tongue in cheek

Meaning: (of a remark) Supposed to be taken in funny or ironic sense

Example: Her comment was taken more seriously than intended. It was supposed to be tongue in

cheek.

79. Turn a blind eye

Meaning: Pretend not to notice

Example: People tend to turn a blind eye to crime against women.

80. Walk on eggshells

Meaning: Be extremely cautious about one's words or actions

Example: Celebrities are scrutinized by the media for all their actions so they're required to walk on eggshells.

81. Want someone's head on a platter

Meaning: Want someone to be punished severely

Example: "I want that murderer's head on a platter!", said the Chief of police.

82. Watch (someone) like a hawk

Meaning: Keep eyes on or watch carefully

Example: The examiner watched the test takers like a hawk.

83. Water under the bridge

Meaning: Something bad that happened in the past but is no longer important

Example: The couple had a serious fight in the past but that water is under the bridge now.

84. Wave a dead chicken

Meaning: Do some useless, unhelpful thing in the hope that it will solve a problem

Example: Restarting the laptop once the motherboard has crashed is like waving a dead chicken.

85. Weak in the knees

Meaning: Barely able to stand because of emotion, fear or illness

Example: The shock of being summoned by the Supreme Court made me go weak in the knees.

86. Wear many hats

Meaning: Do many different types tasks

Example: We have such a small number of employees that one is often supposed to wear many hats.

87. Weather the storm

Meaning: Succeed in surviving a difficult period of time

Example: Given the current global market conditions, the Indian economy is weathering the

storm pretty well.

88. Wet behind the ears

Meaning: Inexperienced and immature

Example: Instead of a full time job, she should be offered an internship as she is still wet behind

the ears.

89. Whale of a time

Meaning: Enjoy a lot

Example: She had a whale of a time in Goa with her girl gang.

90. Whistle in the dark

Meaning: Pretend to be brave in a scary situation

Example: Upon being attacked, she blew a whistle in the dark which surprised her attackers.

91. Why keep a dog and bark for yourself

Meaning: If someone or something can do a job for you, why do it yourself?

Example: My sister has a printer but she continues to write notes manually. Why keep a dog and

bark for yourself?

92. Wide off the mark

Meaning: Incorrect; Inadequate; Not what is expected

Example: Her answer was wide off the mark, it was impossible for me to give a better rating to it.

93. Wild goose chase

Meaning: Waste time looking for something that has little chance of being found

Example: She tried to find out who the anonymous caller was, but it turned out to be a wild goose chase.

94. Wipe the slate clean

Meaning: Make a fresh start

Example: When Mike was leaving home, he decided to wipe the slate clean with his dad.

95. Wolf in sheep's clothing

Meaning: Dangerous person pretending to be harmless

Example: I thought she was a good person, but I realized that she was a wolf in a sheep's clothing when she backstabbed me during the selection process.

96. Work your fingers to the bone

Meaning: Extreme hard work

Example: She totally deserves the success; she worked her fingers to the bone when she started out as a model.

97. Worm's eye view

Meaning: A perspective seen from below or from a low or inferior position

Example: The trainees get only a worm's eye view of the corporate structure.

98. Worth one's salt

Meaning: Good or competent at the job or profession specified

Example: She deserves respect as she is totally worth her salt.

99. Wrap one's brain around

Meaning: Concentrate on something in an effort to understand

Example: I really need to wrap my brain around this concept before the exam.

100. Zero in on something

Meaning: Focus all attention onto one thing

Example: The teacher immediately zeroed in on the weaker students of the class.