

# 6C Dieticians

**Activity type:** Vocabulary and speaking – Questionnaire – Pairs

**Aim:** To practise talking about different types of food and drink






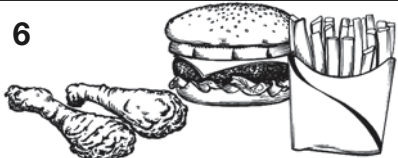
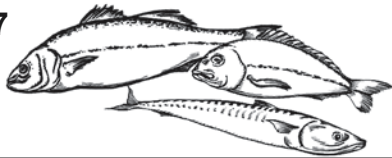
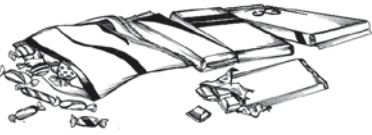
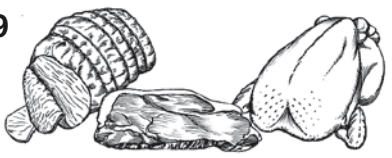

**Language:** Food; Countable and uncountable nouns – Use at any point from 6.2.

**Preparation:** Make one copy of the worksheet for each learner.

**Time:** 25 minutes

- 1 Give each learner a copy of the worksheet. They work in pairs and discuss what they can see in each picture. Ask for suggestions, eliciting more specific quantities where appropriate, e.g. *a cup of coffee* rather than simply *coffee*.
- 2 Pairs work together and decide what question they will need to ask in each case. Use item 1 to demonstrate with one learner, as follows: *How often do you drink coffee? a) less than twice a day; b) two to four times a day; or c) more than four times a day*. Ask the same learner a follow-up question to elicit more information about when or how they drink coffee, and use their answer to write a model sentence on the board using *some* or *a*, e.g. *I always have some coffee with my breakfast* or *I usually have some milk with my coffee*.
- 3 Redistribute the learners so that each one is paired with a different partner. Ask them to write their partner's name at the top of the questionnaire and then interview each other by asking the questions they have compiled. They should tick their partner's answers on the questionnaire.
- 4 When they have finished, learners return to their original partner and compare their results. Learners should help each other to analyse the diet of their respective partners and prepare a short report stating which food and drink items their interviewee consumes a lot of, which they don't consume much of, and what advice they can give about their diet. As they do this, go round and help if necessary. It may help to provide an example here, e.g. *You need to eat less meat, and you need to eat more fruit*.
- 5 Learners sit with the person they interviewed and report their conclusions to each other. To round up the activity, ask learners to tell the class if they agree or disagree with the advice of their 'dietician'.

# 6C Dieticians

DIET SHEET		Name: _____
1		a) less than twice a day b) two to four times a day c) more than four times a day
2		a) less than twice a day b) about once every three hours c) twice or more an hour
3		a) less than once a day b) once or twice a day c) more than twice a day
4		a) less than four times a week b) four to six times a week c) more than once a day
5		a) hardly ever b) about four times a week c) every day
6		a) never b) about twice a week c) more than twice a week
7		a) once a week or less b) two or three times a week c) four or more times a week
8		a) less than three times a week b) three to six times a week c) every day
9		a) never – I'm a vegetarian b) at least once every two days c) every day
10		a) about once every two days b) about once a day c) twice or more every day