

## 1 Family

1 **Immediate family** – asaosiy/kichkina oila {ota-ona, farzandlar)

**Nuclear family**

2 **Extended family** – katta oila (ota-ona, farzandlar, buvi, tog'a)

3 **Family tree** – shajara oila daraxti

4 **Family members** – oila a'zolari

5 **Distant relatives** – uzoq qarindoshlar

6 **Loving family** = **close-knit family** – baxtli, tinch, axil oila

7 **Carefree childhood** – g'am-gussasiz bolalik

8 **Dysfunctional family** – serg'alva oila

9 **Troubled childhood** – g'am-tashvishli bolalik

10 **Bitter divorce** = **messy divorce** – urush-janjal qilib ajrashish

11 **Broken home** – buzilgan oila

12 **Custody of the children** – bolalarga vasiylik

13 **joint custody** – ham ota, ham onaning vasilik qilishi

14 **sole custody** - yo ota, yo onaning vasilik qilishi

15 **pay child support** – aliment to'lamoq

16 **mutual divorce/separation** – kelishib, janjalsiz ajrashish

17 **stay on good terms with each other** – bir-biri bilan yaxshi munoabatda qolmoq

18 **get pregnant** – homilador bo'lmoq

19 **single mother** – nikohsiz bola ko'rgan ayol

20 **have an abortion** – abort qildirish

21 **give the baby up for adoption** – bolani boqib olishga berib yuborish

22 **due date** - bola tug'uladigan kun

*The baby is due in mid-October*

23 **give birth** = **have the baby** – farzandni dunyoga keltirish

24 **adoptive parents** – boqib olgan ota-onasi

25 **bring up the child** – bolani tarbiyalamoq

26 **raise the child** - bolani o'stirmoq

27 **family man** – uyim-joyim deydigan erkak

28 **the black sheep of the family** – oilani boshqa a'zolari bilan chiqisha olmaydigan a'zosi

29 **run in the blood** = **take after** – o'xhamoq, qoniga tortgan

30 **siblings** – tug'ushgan jigarlar, opa-ukalar

31 **ancestors** – ajdodlar

32 **descendants** = **offspring** – avlod

33 **see eye to eye** – butunlay fikriga qo'sharmoq (**totally agree**)

34 **a get-together (noun)** – norasmiy yig'ilish (dasturxon atrofida)

35 **to have a skeleton in the cupboard** – oilani hammadan yashiradigan siri bo'lmoq

36 **biological father/mother** – haqiqiy ota/onasi

37 **family matters** – oilaviy masalalar

## 2 Relationships

- 1 **make friends** – do'st orttirmoq
- 2 **casual acquaintances** – odatdagi tanish bilishlar
- 3 **frienemy** – do'st qiyofasidagi dushman
- 4 **close friends** – yaqin do'stlar
- 5 **love at first sight** – bir ko'rishda sevib qolmoq
- 6 **fall in love with** – ... bilan sevishmoq
- 7 **significant other** – muhim bir inson (*wife/husband; boyfriend/girlfriend*)
- 8 **soul mate** – qalliq, sevgilisi
- 9 **have feelings for** – kimnidir yoqtirmoq
- 10 **the feeling is not mutual** – tuyg'u ikki tomonlama emas
- 11 **he's/she's just not my type** – u menga to'g'ri kelmas ekan (вкyc)
- 12 **unrequited love** – javobsiz sevgi
- 13 **childhood sweetheart** – bolalikdagi sevgilisi
- 14 **mutual friend** – ikki tomonlama do'st
- 15 **make a commitment** – turmush qurishga qaror qilmoq
- 16 **propose to the woman** – ayolni qo'lini so'ramoq
- Pop the question**
- 17 **happily married** – baxtli turmush qurgan
- 18 **have an affair** – yurarkan
- 19 **cheating on their wife/husband** – xotin/eriga xiyonat qilmoq
- 20 **blind date** – birinchi uchrashuv
- 21 **break one's heart** – kimnidir yuragini sindirmoq
- 22 **to find Mr. Right** – o'ziga munosib qalliq topmoq
- 23 **to find the right girl/boy** – munosib qiz, yigit toppish
- 24 **get engaged** – unashtirilmoq
- 25 **go Dutch** – bo'lishib to'lamoq
- let's share**
- 26 **it is on me** – bu mening hisobimdan
- 27 **kiss and make up** – urushib, yarashish
- 28 **a match made in heaven** – tangri yaratgan juftlik
- 29 **one's one and only** – kimningdir yakka-yagonasi
- 30 **puppy love** – babnik sevgi
- 31 **say I do** – turmush qurmoq

### 3 Appearance

- 1 **absolutely gorgeous** – juda ham chiroyli  
**extremely beautiful**
- 2 **long, sleek, jet, black hair** – uzun tekis qora sochlar  
**Smooth straight = sleek**  
**Jet black hair = perfectly black**
- 3 **pale blue eyes** – ochiq havorang ko'zlar
- 4 **radiant complexion** – issiq istara
- 5 **hourglass figure** – ofatijon, ketvorgan
- 6 **slender waist** – ingichga bel, xipcha bel
- 7 **round face** – dumaloq yuz
- 8 **upturned nose** – qirra burun
- 9 **bear a striking resemblance to** – 2 tomchi suvdek o'xshamoq
- 10 **hideously ugly** – juda ham xunuk
- 11 **curly shoulder-length hair** – yelka uzunligidagi jingalak soch
- 12 **unkempt = messy hair** – tartibsiz soch
- 13 **square face** – to'rtburchak yuz
- 14 **ruddy complexion** – qizil tanli odam
- 15 **deep-set eyes** – ichiga kirgan ko'zlar
- 16 **bushy eyebrows** – qalin qoshlar
- 17 **thick mustache** – qalin mo'ylov
- 18 **shaggy beard** – qalin soqol
- 19 **facial hair** – yuzdagi tuklar
- 20 **athletic build** – kachok
- 21 **broad shoulders** – keng yelkalar
- 22 **muscular arms** – baquvvat bilaklar
- 23 **trim one's beard** – soqolini kaltalatmoq
- 24 **comb one's hair** – sochini taramoq
- 25 **somewhat attractive** – o'ziga xos jozibador
- 26 **charming** – jozibali
- 27 **handsome** – kelishgan
- 28 **cut a dash** – tashqi ko'rinishi bilan chuqur taassurot qoldirmoq
- 29 **deck out** – yasantirmoq, bezantirmoq
- 30 **dressed to kill** – daxshat kiyingan
- 31 **dressed up to nines** – bejirim, skromniy kiyingan, yarashgan
- 32 **down at heel** – juldur, yomon ahvolda
- 33 **have a face that only mother could love** – juda ham xunuk  
**have a face like a bulldog chewing a wasp**  
**have a face that would stop a clock**
- 34 **look a side** – yaxshi ko'rinmoq
- 35 **look like a million dollars** – zo'r ko'rinmoq
- 36 **mutton dressed as lamb** – yoshiga mos kiyinmaslik
- 37 **pretty as a picture** – juda ham chiroyli
- 38 **all skin and bone** – juda ham ozg'in
- 39 **skin on the top** – tepa kal
- 40 **vertically challenged** – juda ham bo'yi past

## 4 Character and behavior

- 1 **painfully shy** – juda ham uyatchan
- 2 **to have a vivid imagination** – tasavvurga boy bo'lmoq
- 3 **have/has outgoing personality** – kirishimli
- 4 **sense of humor** – hazilkashlik
- 5 **brutally honest** – juda ham rostgo'y
- 6 **hurt one's feelings** – kimnidir tuyg'ulariga ozor bermoq
- 7 **fiercely loyal** – juda ham sadoqatli
- 8 **to show one's true color** – asil basharasini ko'rsatmoq
- 9 **to play a prank (negative)** – kim bilandir o'ynashmoq, xazillashmoq
- 10 **bear a grudge** – kimgadir ichida doimiy nafrat his qilib yurish
- 11 **low self-esteem** – o'ziga past nazar bilan qaramoq, hurmat qilmaslik
- 12 **a mean streak (negative)** – ziqna
- 13 **come out of one's shell** – kamroq uyalmoq
- 14 **to have a thicker skin** – bezbet bo'lmoq
- 15 **speak one's mind** – oqibatini o'ylamasdan gapirmoq
- 16 **have a tendency** – moyilligi bo'lmoq
- 17 **to have a superiority complex** – hammadan o'zini ustun qo'ymoq
- 18 **to swallow one's pride** – g'ururini o'z ichiga yutmoq
- 19 **put others first** – boshqalarini o'zidan ustun qo'yish
- 20 **busy-body** – hammaning ishiga burun suqadigan odam
- 21 **cheapskate (adj)** – ziqna
- 22 **couch potato** – TV, yotish
- 23 **down-to-earth(adj)** – realist
- 24 **behind the times** – zamondan orqaga qolib ketgan  
**a fuddy-duddy = old fashioned**
- 25 **go-getter** – maqsad qo'yib erishadigan odam
- 26 **goody-goody** – yaxshi xarakterdagi inson  
**goody two shoes**
- 27 **smart Alec** – juda ham aqlli  
**wise guy**  
**know-it-all**
- 28 **a man of his word** – bir so'zli odam  
**a woman of her word** – bir so'zli ayol
- 29 **mover and shaker** – aktiv va harakatchan
- 30 **slimeball** – jirkanch
- 31 **social butterfly** – hamma bilan kelishib ketadigan inson
- 32 **wet blanket** – mazzani beliga tepadigan, bormaylik, ketaylik  
**party pooper**
- 33 **armchair critic** – hech narsa qilmay, kritika qiladi
- 34 **to perform one's promise** – va'dasini ustidan chiqmoq

## #5 Feelings

**1 roller coaster of emotions** – turli xil his tuyg'ular

**2 ridiculously excited** – juda ham hayajonda

**Blissfully happy** – judayam mamnun

**Immensely grateful** – mamnun

**On cloud nine** – mamnun, xursand

**Worry sick** – judayam xavotirda

**Increasingly anxious** – tashvishli, tashvishda

**Seething with anger** – jahldan tutab, portlab ketaman degan odam

**Visibly disappointed** – juda ham zerikkan, ko'ngli qolgan

**Fed up with** - joniga tekkan

**Show one's feelings** – his-tuyg'ularini oshkor etmoq, ko'ratmoq

**Bottle up one's emotions** – his-tuyg'ularini yashirmoq

**Terribly sorry** – juda ham afsusda

**Lose one's temper** – jahl, xurandchilik, asabdan o'zidan ketmoq, o'zini yo'qotmoq

**Deeply depressed** – juda ham tushkunlikda

**Emotional wreck** – emotsional tushkunlikda

**Pleasantly surprise** – juda ham hayratda

**Love me, love my dog** – qanday bolsam, shunday sev

**Overwhelmed with emotion** – hissiyotlar qurshovida

**Spaced out=daydreaming** – xayol surayotgan odam

**Shaken up** – o'ziga kelgan

**On pins and needles** – noqulay his qilmoq(igna ustidagidek)

**Beat=bushed=tired** – charchagan

**Head over heels(in love)** – sevgidan o'zini yo'qotib qo'ygan, mast, kampak bo'lgan

**Chill out=let one's hair down=relax** – dam olmoq

**Under the weather** – mazam yo'q, holati yaxshi emas, tobim yo'qroq

**To be as hard as nails** – bag'ritosh(hardless)

**To have chip on one's shoulder** – o'zini kamsitilganday his qilmoq, hamma unga adolatsiz muomala qilayotganday his qilmoq

**Ants in one's pants** – bir joyda turolmaslik

**Bare one's soul to someone** – kimgadir yuragini to'kib socmoq

**To feel like a fish out of water** – o'ziini noqulay his qilmoq

**Go bananas** – xursandchlikdan tomi ketib, g'alati ishlarni qilmoq

**To hope against hope** – chiqmagan jondan umid

## 6 Houses and apartments

- 1 a short-term rental – qisqa muddatli ijara
- 2 a two-bedroom apartment – 2ta spalnisi bor uy
- 3 a studio apartment – bitta xonali, hammasi 1xonada
- 4 a five-story building – 5qavatli bino
- 5 overlooking the ocean – okeanga qaragan
- 6 had a nice view of smth – biron narsani yaxshi ko'rinishi bor.
- 7 have a nice view of sky land – shahar kaftde ko'rinib turadi
- 8 have recently been remodeled/renovated – yaqindagina ta'mirdan chiqqan
- 9 fully furnished – to'liq jihozlangan
- 10 the spacious living room – juda ham katta mehmonxona (uydagi)
- 11 the bedrooms are rather cramped – spalnilar juda ham kichkina va noqulay
- 12 to feel homesick – uyini sog'inmoq
- 13 to have a place of my own – o'z uyiga va o'z vataniga ega bo'lmoq
- 14 affordable housing – cho'ntakbop uylar, arzon uylar
- 15 upscale neighborhoods – boy mahalla
- 16 to take out a mortgage – bankdan uy olish kredit olmoq
- 17 pay smth off – to'lab tugatmoq, oxirigacha to'lamoq
- 18 a down payment – boshlang'ich to'lov
- 19 move into a new place – yangi joyga ko'chmoq
- 20 to throw a housewarming party – yangi uyni yuvmoq, nishonlamoq
- 21 as safe as houses – uydagi kabi xavfsiz
- 22 a halfway house – 1realibitatsiya markazi  
2sayohatning yarmi qoq markazi
- 3motel=inn – kichkina mehmonxonacha
- 23 a house is not a home – uy vatan bo'lolmaydi
- 24 angel in the house – uyim-joyim deydigan ayol
- 25 basket house – 1qahvaxona, qovoqxona, **pub**  
2ko'chadagi musiqachilar guruhi(savatchada pul yig'adi)
- 26 to be out of house and home – ko'chada qolmoq(bonj)
- 27 brick house (charming, hourglass figure, to be in good shape) - ketvorgan
- 28 eat out of house and home – juda ko'p, bo'kib yemoq
- 29 get on like a house on fire – tez chiqishib ketmoq
- 30 live in a glass house – o'zgalarning fikri bn yashamoq, tanqid ostida yashamoq  
*People who live in a glass house, never throw stone.*  
*How long we gonna live in a glass house?* – Qachongacha boshqalarning fikri bilan yashaymiz?  
*No one wants to live in a glass house.*  
*I don't want to live in a glass house.*
- 31 men make houses, women make homes - erkak uy quradi, ayol oila quradi

## 7 Eating

- 1 **Eating habits** – ovqatlanish odati, tartibi
- 2 **Junk food** – ozuqaviy moddalari kam ovqat
- 3 **to go on a diet** – diyeta qilmoq
- 4 **processed foods** – ximikatlarga boy bo'lgan ovqatlar
- 5 **food additives** – ovqatga qo'shiladigan ximikatlar
- 6 **a balanced diet** – doimiy diyeta
- 7 **nourishing meals** – foydali, to'yimli ovqatlar
- 8 **organic food** – tabiiy ovqat
- 9 **fresh produce = fresh food and vegetables**
- 10 **a quick snack** – tez tamaddi qilish
- 11 **to eat in moderation** – normalniy ovqatlanish
- 12 **portion sizes** – yeyiladigan ovqat hajmi
- 13 **a home-cooked meal** – uyda pishirilgan ovqatlar
- 14 **a hearty stew** – hamma narsasi bor sho'rva
- 15 **a healthy appetite** – ko'p ovqatlanish
- 16 **a second helping** – ikkinchi porsiya
- 17 **international cuisine** – xalqaro oshxona, dunyo taomlari
- 18 **food poisoning** – ovqatdan zaharlanish
- 19 **light meals/food** – yengil taomlar
- 20 **spoil one's appetite** – ishtahasini bo'g'moq, buzmoq
- 21 **consume** – iste'mol qilmoq
- 22 **filling food** – to'yimli ovqat
- 23 **fattening food** – yog'li ovqat
- 24 **digest** – hazm qilmoq
- 25 **food adaptability** – ovqatga moslashish
- 26 **bon appetite** – yoqimli ishtaha
- 27 **go Dutch** – bo'lishib to'lamoq
- 28 **it is on me** – bu mening hisobimdan
- 29 **eat like a pig** – befarosatlarcha ovqatlanmoq
- 30 **eat like a horse** – juda ham ko'p ovqatlanmoq
- 31 **out to lunch = careless** – e'tiborsiz, parvoyi palak
- 32 **to stuff one's face** – rasvosini chiqarib ovqalanmoq (ifloslantirib)
- 33 **gain weight** – semirish  
**Put on weight**
- 34 **lose weight** - ozmoq
- 35 **broth** – sho'rva
- 36 **too many cooks spoil the broth** – qassob ko'paysa, mol harom o'ladi

## 8 Books & Movies

- 1 **movie trailer** – kino haqida qisqacha video
- 2 **the movie comes out** – kino efir yuzini ko'radi
- 3 **movie theater** – kinoteatr
- 4 **opening night** – ochilish kechasi
- 5 **film critic's reviews** – film tanqidchlarining fikrlari
- 6 **nominated for an award** – mukofotga nomzodi qo'yilgan
- 7 **movie stars = famous actors/actresses**
- 8 **starring in an upcoming film** – kelgusi filmda rol o'ynamoq
- 9 **based on a true story** – haqiqiy hayotiy voqealarga asoslangan
- 10 **shooting the film on-site** – kino olmoq
- 11 **leading role** – bosh rol, asosiy qahramon
- 12 **box-office hit** – eng ko'p xit bo'lgan
- 13 **engrossed in a book** – kitobni ichiga kirib ketgan
- 14 **main character** – asosiy qahramon
- 15 **borrow books from the library** – kutubxonadan kitob olmoq
- 16 **controversial topic** – muammoli masala
- 17 **interesting and enjoyable read** – qiziqarli va yoqimli o'qish
- 18 **to return the book to the library** – kitobni kutubxonaga qaytarmoq
- 19 **renew it** – yangilamoq, yangisiga almashtirmoq
- 20 **beginning and end** – boshlanishi va oxiri
- 21 **opening and closing scenes/chapters** – sahna/boblarning boshi va oxiri
- 22 **crunch time** – vazifani topshirishdan oldingi tig'iz vaqt
- 23 **let your freak flag fly** – muvaffaqiyatsizlikdan keyin o'zini ko'rsatib qo'ymoq
- 24 **get out of hand** – nazoratdan chiqib ketmoq
- 25 **pound the pavement** – omadsizlikdan keyin ish qidirmoq
- 26 **pull a rabbit out of a hat** – uddalab bo'lmas ishni qilmoq
- 27 **step up your game** – forma, kuchli holatiga qaytmoq
- 28 **pull yourself together** – o'zini bosib olmoq, tinchlantirmoq
- 29 **shape up or ship out!** – normalni ishla yoki dap bo'l
- 30 **by the skin of one's teeth = barely = hardly** – zo'rg'a
- 31 **go down in flames** – juda katta muvaffaqiyatsizlikka uchramoq
- 32 **hand in there** – o'zingni bos
- 33 **go the extra mile** – hamma narsaga tayyor bo'lmoq, ortiqcha ish qilmoq
- 34 **popcorn movie** – dam olish uchun tomosha qilinadigan kino
- 35 **get the show on the road** – tugatilmagan, xatolari bo'lsa ham ko'rsat, amaliyotga tadbiiq qil
- 36 **kick (something) off** – boshlamoq
- 37 **sell out** – sotilmoq, sotib tugatmoq
- 38 **break a leg = good luck** – omad
- 39 **to be in the lime light = to be in public eye** – omma nazarida bo'lmoq
- 40 **museum piece** – juda ham eski narsalar
- 41 **the show must go on** – qiyinchiliklarga qaramay hayot davom etadi; show davom etishi kerak



## 9 Music

- 1 **Musically gifted** – musiqaga tug'ma qobiliyati bor
- 2 **sheet music** – qog'ozda yozilgan musiqa (notalar)
- 3 **strumming guitar** – gitara chalmoq
- 4 **composing music** – musiqa yaratmoq
- 5 **song lyrics** – qo'shiq matni
- 6 **a sizable following** – juda ham ko'p fanatlar
- 7 **to play gigs** – kichkinagina norasmiy ijro
- 8 **to record one's debut album** – dastlabki albomini yozmoq
- 9 **a remixed track**
- 10 **a massive hit** – juda ham mashhur
- 11 **catchy tune = memorable music**
- 12 **upbeat temp** – tez, sho'x ritm
- 13 **albums will be released** – albom xalqqa taqdim etiladi
- 14 **record music live** – musiqani jonli yozmoq
- 15 **go on tour** – gastrolga bormoq
- 16 **big break** – mashhur bo'lish uchun katta imkoniyat
- 17 **music industry** – musiqa sanoati
- 18 **to sing along** – qo'shilib, jo'r bo'lib kuylash
- 19 **completely tone-deaf** – ritmni his qilmaydigan odam
- 20 **to sing off-key** – falsh kuylash
- 21 **contemporary music** – zamonaviy musiqa
- 22 **classical music** – doimiy, eskirmaydigan musiqa
- 23 **orchestral/instrumental music** – music with instruments only (no singing)
- 24 **rock music** – rok musiqa
- 25 **solo album** – bitta odamning albomi
- 26 **compilation album** – turli qo'shiqlardan yig'ilgan musiqa
- 27 **cult following** – sodiq ishqibozlar
- 28 **hit the right note** – ma'qul gap bilan joyiga urmoq
- 29 **blow one's own trumpet** – o'zini maqtamoq (faxrlanib)
- 30 **it takes two to tango** – qars ikki qo'ldan chiqadi
- 31 **fit as a fiddle** – juda sog'lom, otday
- 32 **like a broken record** – bitta narsani qaytarmoq
- 33 **and all that jazz** – va boshqalar
- 34 **music to my ears** – eshitishni istagan gap
- 35 **swan song** – nimaningdir tugash payti
- 36 **ring a bell** – tanish tuyulyapti
- 37 **to sell for a song** – arzonga sotmoq (o'pich)
- 38 **elevator music** – hamma joyda qaytariladigan musiqa; hammani joniga tekkan

## 10 Sports

- 1 play soccer/basketball/tennis/baseball/golf
- 2 do yoga/gymnastics/martial arts/aerobics/exercises
- 3 lift weights – og'ir atletika
- 4 go swimming/biking/surfing/rock climbing/bowling/fishing
- 5 soccer game = football match
- 6 basketball game
- 7 lose the game – o'yinni boy bermoq
- 8 tie the game – durang
- 9 tennis match – tennis o'yini
- 10 win the game – o'yinni yutmoq
- 11 final score – yakuniy natija
- 12 home game – o'zini uyida o'ynash
- 13 away game – mehmonda o'ynash
- 14 tournament – turnir, musobaqa
- 15 to have the lead – oldinga chiqmoq
- 16 to make a comeback – o'yinga endi kirishyapti (ruhiy jihatdan)
- 17 to take the lead – hisobda oldinga chiqmoq
- 18 gymnastics competition – gimnastika musobaqasi
- 19 a martial arts competition – jang san'atlari musobaqasi
- a surfing competition
- an ice skating competition
- 20 race – poyga
- 21 to enter a competition – musobaqaga kirmoq
- 22 first place – birinchi o'rin
- 23 to enhance one's performances – o'zini kuchaytirmoq
- 24 to fail a drug test –
- 25 to achieve a personal bist – shaxsiy rekordga erishmoq
- 26 to break the world record – jahon rekordini buzmoq
- 27 to set a new world record – yangi jahon rekordini o'rnatmoq
- 28 to withdraw from the competition – musobaqadan chiqmoq
- 29 back the wrong course – noto'g'ri qaror qabul qilmoq
- To make wrong choice
- 30 ball is in someone's court – kimningdir navbati
- 31 bat a thousand – hamma ishni muvaffaqiyatli qilmoq
- 32 carry the ball – ma'sul bo'lmoq
- 33 be cricket = to play fairly = to be fair – adolatli o'ynamoq
- 34 drop the ball – anqayib xato qilmoq
- 35 fighting chance – muvaffaqiyat qozonish uchun imkoniyat
- 36 golf widow
- 37 hit the bull's-eye – o'z maqsadiga zo'r erishmoq
- 38 in deep water = in trouble – tashvishda, qiyinchilikda bo'lmoq
- 39 neck and neck – tengma teng
- 40 paddle one's own canoe – biron narsani mustaqil qilmoq
- 41 sink or swim – yo muvaffaqiyatga, yoki muvaffaqiyatsizlikka uchramoq
- 42 sport of king's = horse race - ot poygasi
- 43 team player – odamlar bilan yaxshi ishlaydigan odam

## Health/sickness

- 1 **lifestyle changes** – turmush tarzidagi o'zgarishlar
- 2 **overall health** – umumiy sog'lik
- 3 **life expectancy** – umr ko'rish darajasi
- 4 **quit smoking** – chekishni tashlash
- 5 **reduce stress** – asabiylikni kamaytirish
- 6 **eat a balanced diet** – muvozanatli ovqatlanish
- 7 **get plenty of sleep** – ko'proq uxlamok
- 8 **exercise regularly** – doimiy mashq qilish
- 9 **get vaccinations/immunizations** – emlash olmoq
- 10 **health insurance** – sog'lik sug'urtasi
- 11 **suffer/sustain serious injuries** – jiddiy jarohatdan azob chekmoq
- 12 **broken/fractured bones** – singan suyaklar
- 13 **put your leg in a cast** – oyoqni gips qilmoq
- 14 **give you stitches** – leykoplaster bermok
- 15 **prevent infection** – infeksiyadan himoya qilmoq
- 16 **minor ailment** – kichik og'riq  
**minor injuries** – mayda jarohat
- 17 **take some aspirin** – aspirin ichmoq
- 18 **relieve the pain** – og'riq qoldirmok
- 19 **suffer from a chronic condition** – doimiy vaziyatdan azob chekmoq
- 20 **over the counter** – retseptsiz, shifokor tavsiyasisiz
- 21 **prescription medications** – shifokor yozib bergan
- 22 **alleviate the symptoms** – simptonlarni yo'qotadi
- 23 **have a cold** – shamollamoq  
**catch a cold**
- 24 **sexually-transmitted diseases (STDs)** – jinsiy aloqa orqali yuqadigan kasalliklar
- 25 **diagnosed with** – ... bilan tashxis qo'ymoq
- 26 **terminally ill** – o'ladigan darajada kasal
- 27 **in bad shape** – kasal
- 28 **back on your feet** – kasallikdan tuzalmoq
- 29 **bag of bones** – ozg'in
- 30 **black out** – (ko'z oldi qorong'ulashib) xushida ketish
- 31 **as blind as a bat** – ko'rish qobiliyati past (yumor)
- 32 **feel blue** – xafa his qilmoq
- 33 **off colour** – ranging oqarib ketibdiku
- 34 **my dogs are barking** – oyog'im og'riyapti, charchadi
- 35 **drop like flies** – juda ham ko'p odam kasal bo'lishi, o'lishi
- 36 **frog in one's throat** – tomoq og'rishi, gapirishga qiynalmoq
- 37 **hale and hearty** – qirchillama, sog'lom (qari)
- 38 **have a hangover** – ichgandan keyin bosh og'rishi
- 39 **on one's last legs** – bir oyog'i go'rda
- 40 **meet your maker** – o'lmoq (yumor)

**41 go under the knife** – operatsiya qildirmoq

**42 as right as rain** – soppa-sogʻ, sogʻlom

## **12 Computer**

**1 start up the computer** – computerni ishga tushurmoq

**2 shut down the computer** – computerni oʻchirmoq

**3 get online** – online boʻlmoq

**access the internet** -

**4 check one's e-mail** – e-mailni tekshirmoq

**5 write and send messages** – xabar yozib, uni joʻnatish

**6 to text** - yoz

**7 reply to an e-mail** – e-mailga javob yozmoq

**8 forward an e-mail**- e-mail yubormoq

**9 attach a file** – faylni qoʻshib yuborish

**10 log into one's bank account** – bank hisob raqamiga kirmoq

**11 website is down** – website ishlamayapti, offline

**12 home page** – asosiy qismi, varogʻi

**13 scheduled maintenance** – jadvalga koʻra taʻminlash

**14 search engine** – qidirish jarayoni

**15 surf/browse the web** – interda saytan-saytga oʻtish

**16 burn a CD** - komuterdan diskga yozish

**17 press the wrong key** – noʻtoʻgʻri tugmani bosmoq, xato qilib qoʻymoq

**18 delete an important file** – muhim faylni oʻchib yubormoq

**19 recover the file** – faylni qayta tiklamoq

**20 the computer freezes/locks up** – computer muzlab qoldi, ishlamay qoldi, qulflanib qoldi

**21 restart/reboot the computer** – perezagruzka

**22 back up one's files** – fayllarni ehtiyotshart kopiya qilish

**23 to install a program** – pragmmanni oʻrnatish

**24 scan for viruses and spyware** – virus va aygʻoqchi fayllni skanner qilish

**25 all-singing, all-dancing** – soʻngi model

**26 blow a fuse** – uf tortmoq

**27 cog in the machine** – katta, kuchli kompaniyada arzimagan ish qilish, deyarli hech kim

**28 don't push my buttons!** – asabimga tegma

**29 hit the airwaves** – radio yoki tvdan jonli efirga chiqmoq

**30 well-oiled machine** – yaxshi ishlayotgan, yaxshi holatdagi.

## **13 Study**

**1 pre-school** – maktabgacha, bogʻchadan ham oldin

**2 kindergarten** – bogʻcha

**3 primary/elementary school** – boshlangʻich maktab

**4 first... grade** –

- 5 middle/secondary school** – o'rtta maktab
- 6 high school** – yuqori maktab (9-12)
- 7 apply to colleges/universities** – kollej/universitetlarga hujjat topshirmoq
- 8 send in/submit one's application** – ariza, hujjatlarini yubormoq
- 9 to get good grades** – yaxshi baholar olmoq
- 10 get/be awarded a scholarship** – grant, stipendiya yutib olmoq
- 11 take classes/courses** – kurs boshlamoq, darslarga bormoq
- 12 take notes** – qisqacha yozib olmoq
- 13 to give a lecture** – leksiya o'tmoq
- 14 give/make presentations** – prezentatsiya qq
- 15 do research** – tatqiqotlar olib bormoq
- 16 write an essay/an assignment/a report/a paper** – insho... yozmoq
- 17 to hand in one's work** – ishini topshirmoq
- 18 grade the assignment** – vazifalarni baholamoq
- 19 give a feedback** – o'z fikrlarini bermoq
- 20 take tests/exams** – imtohon topshirmoq
- 21 to pass the test** – imtihondan o'tmoq
- 22 to fail the test** – testdan yiqilmoq
- 23 withdraw from a course** – kursga qatnamaslik, bormaslik
- 24 drop a course**
- 25 choose a major/concentration** – o'z sohasi, yo'nalishini tanlamoq
- 26 graduate from college** – kollejni tugatmoq
- 27 get a diploma** – diplom olmoq
- 28 have a degree** – daraja bo'lmoq
- 29 a bachelor's degree/undergraduate** – bakalavr
- 30 master's degree** - magistratura
- 31 doctorate (PhD)**  
postgraduate
- 32 better late than never** – hechdan ko'ra kech
- 33 back to the drawing board** – yana boshidan boshlamoq
- 34 get your act together** – o'z ustida qattiqroq ishlamoq
- 35 hit the sack/hay** – dars tugaganidan keyin yotgani, dam olgani bormoq
- 36 no pain, no gain** – qiyinchiliksiz bir nimaga erishib bo'lmaydi
- 37 on the ball** – tushunmoq  
*I am not on the ball* – yaxshi tushunolmayapman
- 38 so far so good** – kundan kun yaxshi
- 39 wrap your head around something** – juda qiyin bo'lgan narsani tushunmoq  
*Can you wrap your head around it?* – buni tushunyapsanmi?
- 40 call it a day** – darsni tugatmoq
- 41 bookworm** – ko'p kitob o'qiydigan odam

#### **14 Academic English**

- 1 to make an outline** – bajariladigan ishlarning rejasini tuzmoq
- 2 main points** – asosiy qismlar, fikrlar

- 3 gather evidence** – dalillar yig' moq
- 4 to support one's claims** – fikrni qo'llab-quvvatlamog
- 5 to propose a theory** – nazariya taklif qilmoq
- 6 to touch on several issues** – turli masala, mavzularga bog'lamoq
- 7 draw parallel** – o'xshashliklarini aniqlamoq
- 8 fall into different categories** – turli xil mavzularga solishtirmog
- 9 to make one's case** – o'zini fikrlarini(argument) bermog
- 10 first draft** – birinchi qoralama, chornavek
- 11 go into detail** – asosiy qismga o'tish
- 12 revise the paper** – xatolarini tekshirib, yaxshilamoq
- 13 final draft** – topshiriladigan qog'oz
- 14 to carry out a study** – ilmiy ish olib bormog
- 15 key factors (important factors)** – muhim omillar
- 16 play a role/part** – ta'sirini ko'rsatmog
- 17 perfect examples** – aniq, yaqqol misollar  
clear illustrations
- 18 to prove one's points** – o'z fikrlarni isbotlash
- 19 briefly summarize** – qisqacha xulosalamog
- 20 draw conclusion** – xulosa yozmog, xulosaga kelmog
- 21 to raise questions** – savollar bilan tugatmog
- 22 to cost an arm and a leg** – juda qimmatga tushmog  
*This car cost me an arm and a leg.*
- 23 over the moon** – juda ham xursand
- 24 once in a blue moon = rarely = when pigs fly** – juda kamdan-kam, tuyani dumi yerga tekkanda
- 25 a piece of cake** – juda oson
- 26 a drop in the ocean** – dengizdan tomchi
- 27 actions speak louder than words** – yuz marta gapirganda bir marta qilgan yaxshi
- 28 it is a small world** – yer yumaloq, kichkina
- 29 bite one's tongue** – tilini tishlab qolmog
- 30 every cloud has a silver lining** – hamma yomon narsani ham yaxshi tomoni bo'lmoq
- 31 found my feet** – sharoit, iqtisodiy nuqtai nazardan oyoqqa turib olmog  
*When I came to the city, I had nothing, I had no accommodation or job, then I found my foot.*

## 15 Work

- 1 to do an internship** – oyliksiz praktika, amaliyot o'tamoq
- 2 entry level job** – ko'p malaka va mahorat talab qilmaydigan ishlar
- 3 minimum wage** – eng kam ish haqi, eng kam oylik
- 4 a good team player** – jamoa bilan yaxshi ishlaydigan odam
- 5 to get a promotion** – lavozimi oshmq
- 6 to get a rise** – oyligi oshmog
- 7 to be fired/dismissed** – ishdan bo'shatilmog
- 8 a heavy workload** – juda ham og'ir ish
- 9 to work overtime** – ko'p ortiqcha ishlamoq

- 10 demanding job** – ko'p ma'suliyat talab qiladigan ish, ma'suliyatli ish
- 11 to quit one's job** – o'z ishidan ketmoq, tashlab ketmoq
- 12 to get a job** – ish topmoq
- 13 competitive salary** – o'rtacha oylikdan ham sal ko'proq, normalni oylik
- 14 generous benefits** – qo'shimcha foydalar
- 15 a well-paid/rewarding job** – yaxshi haq to'lanadigan ish
- 16 a career change** – o'zini kareriyasidagi o'zgarish
- 17 apply for a job** – ishga ariza bermoq
- 18 job ads** – ish haqidagi reklama, ish reklamasi
- 19 interview the candidates** – nomzodlarni suhbatdan o'tkazmoq
- 20 job description** – ish haqidagi ma'lumotlar
- 21 job seekers** – ish izlab yurgan odamlar (**unemployed**)
- 22 a menial job = entry level job** – ko'p malaka va mahorat talab qilmaydigan ishlar
- 23 earn a living** – yashash uchun pul topmoq
- 24 between jobs** – pul topish uchun qilinadigan ishlar (ish topgungacha)
- 25 a great job offer** – ajoyib ish taklifi
- 26 dream job** – orzuyidagi ish
- 27 to be ahead of the pack** – hamma (o'z raqobatchilari)dan oldinda bo'lmoq
- 28 big picture** – asosiy masala  
*Paying attention to the small details, we lost the big picture.*
- 29 (do smth) by the book** – biron narsani to'g'ri bajarmoq
- 30 easy come easy go** – tez kegan narsa, tez ketadi
- 31 game plan** – muvaffaqiyatga erishish uchun ajoyib ish, biznes rejasi
- 32 to get down to business** – asosiy ishga qaytmoq
- 33 get smth off the ground** – biron narsani boshlamoq
- 34 to go down the drain** – chippakka chiqmoq, behuda bo'ldi
- 35 to go extra mile** – kutilgandan ham ko'proq ish qilmoq
- 36 hands are tied** – qo'llar bog'liq  
*I really want to help you. But my hands are tied. (ilojim yo'q)*
- 37 in a nutshell** – gapni po'stkallasini aytganda, lo'nda qilib aytganda
- 38 in full swing** – to'liq kuch bilan
- 39 in the driver's seat** – boshqaruvchi  
*I am in the driver's seat here. (bu yerda man ma'sulman)*

## 16 Business

- 1 to go into business** – biznesga kirmoq, o'z biznesi bilan shug'ullanmoq
- 2 set up a company** – kompaniya tashkil etmoq, kompaniya tuzmq
- 3 do market research** – bozorni o'rganmoq
- 4 operate at a loss** – ziyoniga ishlamoq
- 5 break even** – sarflagan xarajatlariga o'zini puli teng bo'lish
- 6 tough competition** – qattiq raqobat
- 7 gain market share** – juda ham ko'p mijozlarga ega bo'lmoq
- 8 to go bankrupt** – bankrot bo'lmoq

**to go under**

**9 to make a profit** – daromad topmoq, foyda qilmoq

**10 hire stuff/employees** – ishchilarni yonlamoq

**take on stuff/employees**

**11 make a deal** – shartnoma tuzmoq, kelishmoq

**12 do business** – ishlamoq, biznesni yuritmoq, biznes qilmoq

*If two companies make a deal, they will do business together.*

**13 sign a contract** – shartnomani imzolamoq

**14 launch a new product** – yangi mahsulotni xalqqa taqdim etmoq, ishlab chiqarmoq

**15 customer service** – mijozlarga xizmat ko'rsatish

**16 take one's business elsewhere** – agar biznesni yaxshi qilmasak, sheriklarimiz biznesni boshqa joyda qiladi

**17 a rival company** – raqib kompaniya

**18 run a business** – biznesni boshqarmoq

**19 take off/(business)** – muvaffaqiyatli bo'lmoq; uchib ketmoq

**20 "business is booming"** – biznes zo'r rivojlanyapti

**21 keep one's eye on the ball** – diqqatini bir narsaga yaxshilab qaratmoq

**22 long shot** – amalga oshishi qiyin bo'lgan ish(masalan uzoqqa o'q otish)

**23 to be not going to fly** – ish bermaydi, foydasiz

**24 no brainer(adj)** – miyani qotirishga hojat yo'q, juda oson

**25 on the same page** – bir fikrda

*I suppose we are not on the same page.*

**26 put all one's eggs in one basket** – biron narsani foyda berishiga qattiq ishonib qolmoq

**27 put the cart before the horse** – biron narsani no'to'g'ri bajarmoq

**28 raise the bar** – talabni oshirmoq

**29 rock the boat** – suvni loyqalatmoq(ibora)

**30 the elephant in the room** – hech kim hal qilolmaydigan, siyqasi chiqib ketgan muammo

**31 think outside the box** – creative o'yla, mavzuni har tomonlama o'rganib chiq

**32 upper hand** – ustun, oldin, bir pog'ona baland

## **17 Money**

**1 earn money** – pul ishlab topmoq

**make money**

**2 inherit money** – pul me'ros qilib qoldirmoq

**3 inherit a fortune** – boylik me'ros qilib qoldirmoq

**4 make a deposit** – bank hisob raqamiga pul qoldirmoq

**5 make a withdrawal** – bank hisob raqamidan pulni yechib olmoq

**6 spend money** – pul sarflamoq

**7 waste/squander smb's money** – pulni behudaga sarflamoq

**8 money is tight** – pul yo'q, pul kam

**9 make a budget** – sarflanadigan pullarni rejasini tuzmoq



- 10 stick to the budget** – rejalashtirilgan budjetga rioya qilish
- 11 to be broke** – pulsiz qolmoq, sinmoq
- 12 financially savvy** – pul, iqtisod sohasida daho
- 13 save money** – pul yig'moq
- 14 emergency fund** – har ehtimolga yig'ilgan pul
- 15 living expenses** – kundalik xarajtlar
- 16 invest money in the stock market** – birjaga pul tikmoq
- 17 lose money** – pul yo'qotmoq
- 18 set aside money = save money** – pul tejamoq
- 19 borrow money from the bank** – bankdan pul qarz olmoq
- 20 take out a loan** – kredit olmoq
- 21 pay the money back in the installments** – foizlarini bilan (bankdan) qarzni to'lamoq
- 22 change/exchange money** – pulni alamshtirmoq
- 23 local currency** – mahalliy valyuta
- You can exchange your money to the local currency.*
- 24 counterfeit bills** – soxta qog'oz pul
- 25 donate money** – pul ehson qilmoq
- 26 raise money** – fondini, pulini ko'tarmoq
- 27 to be born with a silver spoon in one's mouth** – boy oilada tug'ulmoq
- 28 bread and butter** – mo'may daromad
- 29 break the bank** – pulini birdaniga tez ishlatib qo'ymoq, sovurib qo'ymoq
- 30 bring home the bacon** – uyga pul topib kelmoq (uyimga 2ta non olib brishim kerak)
- 31 cash in one's chips** – biron narsa sotib olish uchun o'zidagi narsani pullamoq, sotmoq
- 32 foot the bill** – soliqlarni to'lamoq
- 33 go from rags to riches** – kambag'allikdan boylikka qarab ketmoq
- There are different people in the world. Some people are born with a silver spoon in their mouth and some people go from rags to riches.*
- 34 get a run for one's money** – muammoga duch kelmoq, o'zizni puliz uchun orqasidan yugurishizga to'ri kelmoq
- 35 have sticky fingers** – qo'li egri bo'lmoq
- 36 head over heels in debt** – qulog'igacha qarzga botib ketmoq.

## 18 Travel

- 1 business trip** – biznes sayohat
- 2 travel agency** – sayohat agentligi, sayyohlik agentligi
- 3 booking one's flight** – samolyotga bilet sotib olmoq
- 4 make a hotel reservation** – mehmonxonadan joy band qilib qo'ymoq
- 5 make the travel arrangements** – sayohatni rejalashtirmoq
- 6 the plain is overbooked** – samolyotga chiptalar oldindan ko'p zakaz qilingan
- 7 to be bumped to a later flight** – keyingi reysga qolib ketmoq

- 8 boarding pass** – somolyotning bilet
- 9 window seat** – oyna oldidagi o'rindiq
- 10 aisle seat** – oyna oldidagi o'rindiq emas
- 11 bumpy flight** – rasvo parvoz
- 12 connecting flight** – o'zimni uchishim kerak bo'lgan reysim
- 13 have ten (...) -hour layover** – keyingi reysni o'n (...) soat kutish  
*If you miss your connecting fly, you may have ten-hour layover.*
- 14 checked luggage** – tekshirilgan yukxona ichidagi yuklar
- 15 carry-on bag** – samolyotda qo'lda olib ketiladigan yuklar
- 16 check into a hotel** – mehmonxonada ro'yxatdan o'tmoq
- 17 a seedy hotel** – ishonchsiz (not safe) va noqulay mehmonxona
- 18 the red-light district** – hududni eng yomon joylari (diskateka, tungi klub) bor qismi
- 19 a dingy room (disgusting, dirty and dark room)** – rasvo qorong'u xona
- 20 luxury hotel** – hashamatli mehmonxoan
- 21 to lose one's luggage** – yuklarini yo'qotib qo'yimoq
- 22 to travel light** – ko'p yuk olmasdan sayohat qilmoq
- 23 to be off the beaten track** – juda ham odamlar kam boradigan joyda bo'lmoq  
*I felt that I was off the beaten track.*
- in the middle of nowhere** – yerni bir burchagida
- 24 to travel in a body** – guruh bilan sayohat qilmoq
- travel alone** – yolg'iz sayohat qilish
- 25 travel broadens the mind** – sayohat dunyoqarashni kengaytiradi
- 26 in the same boat** – bir xil xolatda (kemaga tushganning joni bir)
- 27 backseat driver** – odamlarga aql o'rgataveradigan odam
- 28 only port in a storm** – bo'ronda xohalagan portda to'xtash; hech bo'lmaganda, chorasiz
- 29 get away from it all** – hammasidan voz kechish, hammasini unutish uchun
- 30 kick back = relax** – dam olmoq
- 31 live like a king** – qirollarday yashamoq

## 19 Weather

- 1 weather forecast** – ob-havo bashorati
- 2 the sun will be shining brightly** – quyosh charaqlab turadi
- 3 clear skies** – osmonda bulut yo'q
- 4 high temperatures** – yuqori harorat
- 5 bask in the sunshine** = soak up the sunshine – quyosh nurida toblanmoq
- 6 oppressively = scorching = swelteringly hot** – juda ham issiq
- 7 hot and humid** – issiq va nam
- 8 (to be) partly cloudy (the sky partially covered by clouds)**– osmonning bir, ikkita qismida bir, ikkita bulutlar bo'ladi
- 9 scattered clouds (just a few clouds)** – kam bulutlar bilan qoplangan
- 10 heavy clouds** – ko'p bulutlar

- 11 **storm clouds** – bo'ronli qora bulutlar
- 12 **it looks like rain** – yomg'ir yog'adiganga o'xshaydi
- 13 **light rain (little rain)**– yengil yomg'ir
- 14 **heavy rain (lots of rain, intense rain)** – qattiq yomg'ir
- 15 **torrential rain** – juda kuchli yomg'ir
- 16 **continuous/constant rain** – to'xtovsiz yomg'ir
- 17 **intermittent rain = scattered showers** – kunning turli qismida to'xtab-to'xtab yog'ladigan yomg'iri
- 18 **the rain let up** – yomg'ir to'xtadi
- 19 **light/slight winds** – yengil shabada
- 20 **high/strong winds** – kuchli shamol
- 21 **fierce winds = gale-force winds** – kuchli (to'fon darajasidagi) shamol
- 22 **the wind is picking up** – shamol kuchayib bormoqda
- 23 **the wind is dying down** – shamol pasayib bormoqda
- 24 **a biting wind = an icy wind** – izg'irin shamol
- 25 **a blast of wind = a gust of wind** – to'satdan ko'tarilgan shamol
- 26 **snow flurries (light snow)** – qor uchqunlari (...)
- 27 **driving snow = swirling snow** – shamol bilan yog'ayotgan qor
- 28 **fresh, powdery, new-fallen snow** – yangi oppoq qor
- 29 **clear the snow = plough the snow** – avtomobil orqali qorni tozalamoq
- 30 **shoveling the snow** – qo'l bilan qorni kuramoq
- 31 **snow melts** – qor eriydi
- 32 **unseasonably warm** – qishda issiq
- 33 **unseasonably cool** – yozdagi sovuqlik
- 34 **record high** – yuqori darajadagi harorat
- 35 **record low** – past darajadagi harorat
- 36 **break the ice** – gapni boshlamoq, suhbatni boshlash
- 36 **calm before the storm** – to'fondan oldingi tinchlik, jimjitlik
- 37 **it never rains but it pours** – g'am kelsa qo'shaloq keladi
- 38 **it is raining cats and dogs** – chelaklab yomg'ir quyaypti
- 39 **storm is brewing (there is going to be trouble or argument)**– janjal boshlanmoqchi
- 40 **steal someone's thunder** – man uchun atalgan e'tiborni o'ziga qaratib olmoq (tug'ulgan kunimda mandan ham chiroyli ko'ylak kiyib)
- 41 **save it for a rainy day** – qora kunga asrab, saqlab qo'ymoq
- 42 **take a rain check** – biron narsani muloyimlik bilan rad etish, keyingi safar  
*Ann, come to the movie with us. Sorry, I will take a rain check*
- 43 **rain in one's parade (noun)** – holat rejaga xalaqit berishi  
*I don't want to be rain in your parade, but you cannot go to the movies on Friday.*
- 44 **come rain or shine** – nima bo'lishidan qat'iy nazar  
*I will stand by your side come rain or shine.*

Cloud	Rain	Wind
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Partly clouds	light rain	light/slight winds
Scattered clouds	heavy rain	high/strong winds
Heavy clouds	torrential rain	fierce/gale-force winds
Storm clouds	continuous/ constant rain	a(an) biting/icy wind
	Intermittent/ scattered showers	a blast/gust of wind

## 20 City

- 1 **towering skyscrapers** – juda ham baland binolar
- 2 **noise pollution** – juda ham ko'p shovqin, shovqindan ifloslanish
- 3 **coastal city** – ocean qirg'og'idagi shahar
- 4 **high-rise building** – juda ham baland bino
- 5 **industrial zone** – sanoatlashgan hudud
- 6 **cozy little house** – juda ham shinam kichkina uy
- 7 **(on) outskirts of the city** – shaharning tashqi qismi(da)
- 8 **hectic pace** – juda ham tez ritm  
*Life in the new town is quite different from hectic pace of Los Angeles.*
- 9 **bustling streets (busy streets filled with people)** – shovqinli, ko'p odamli ko'chalar
- 10 **strewn with litter** – axlat bilan to'lib ketgan
- 11 **traffic jams** – probka
- 12 **narrow cobble stone streets** – tor tosh yotqizilgan ko'chalar
- 13 **eighteenth-century building** – 18-asrga tegishli bo'lgan bino
- 14 **quaint shops** – antikvar narsalar, suviner sotadigan do'konlar
- 15 **gourmet restaurants** – yuqori sifatli restarantlar
- 16 **local cuisine** – mahalliy oshxona, taom
- 17 **open-air market** – tashqaridagi usti ochiq bozor
- 18 **main square** – asosiy xiyobon
- 19 **street vendors** – ko'chada narsasini yoyib sotadigan sotuvchilar
- 20 **trendy cafes** – mashhur kafelar
- 21 **street crime** – ko'cha jinoyati
- 22 **inner-city areas (older, central, crowded part of a city, usually filled with poor people and possibly violence)** – shaharning ichki qismidagi hududlar
- 23 **cultural diversity** – madaniyat xilma-xilligi
- 24 **pulsating nightlife** – juda ham ko'p barlar, klublar bor hudud
- 25 **you can't fight city hall** – sen hech qachon qog'ozbozlik, buyrakratiyani ustidan g'alaba qozonolmaysan
- 26 **cardboard city** – uysiz odamlar yashaydigan hudud
- 27 **fat city** – iqtisodiy jihatdan normalni holat(a secure and pleasant situation often financially); semiz odam  
*Grandfather will be living in fat city when his pensions checks start rolling in.*
- 28 **marble city** – 1 qabriston; 2 juda ham ko'p haykallar bor hudud
- 29 **Act of God** – xudoning ishi (suv toshqinlari, zilzila)
- 30 **Dead is a dodo** – juda ham oddiy, zamondan ortda qolib ketgan (fuddy-duddy)
- 31 **second to none (the best)**– eng zo'ri  
*The food in Ali's restaurant is second to none.*
- 32 **(in the) middle of nowhere** – yerni narigi tomonida, juda uzoqda

## 21 Countryside

- 1 **a little change of scenery** – manzarani biroz o'zgartirish, havo almashtirish
- 2 **surrounding countryside** – atrofdagi qishloq hududlar
- 3 **wildlife preserve** – hayvonlar qo'riqlanadigan maxsus hudud
- 4 **winding footpath** – juda ko'p burilishlari bor aylanma so'qmoq
- 5 **varied landscapes** – turli xil landshaftlar
- 6 **dense forests** – zich o'rmonlar
- 7 **vast meadows** – juda ham katta o'tloqlar
- 8 **gentle, rolling hills** – qiya tepaliklar
- 9 **rocky landscape** – qoyali, tog'li landshaft
- 10 **towering cliffs** – baland qoyalar
- 11 **magnificent waterfalls** – ajoyib, ulkan sharsharalar
- 12 **hiking trail** – biron tog'li, qishloqli hududlarga piyoda sayrga chiqish
- 13 **steepest face of the tallest mountain** – baland tog'ning eng qiya yer yuzasi
- 14 **foot of the mountain** – tog'ning pastki qismi  
**foot of the wall** – devorning tashqi qismi
- 15 **clear, bubbling mountain stream** – toza, musaffo tog' jilg'asi
- 16 **spectacular panoramic view** – hamma joyni ajoyib ko'rinishi
- 17 **jagged peaks** – juda ham tik qoyalar
- 18 **snow-covered peaks** – qor bilan qoplangan cho'qqilar
- 19 **distant mountain range** – bir-biriga ulanib ketgan tog'lar zanjiri
- 20 **lush green countryside** – yashil o'siliklari bilan boy bo'lgan qishloq hududlari
- 21 **slow-moving, shallow river** – sekin oqadigan sayoz daryolar
- 22 **sun-drenched, sandy beaches** – quyoshli, qumli sohillar, plyajlarr
- 23 **picturesque fishing village** – rasmga tushadigan ajoyib manzarali qishloqlar
- 24 **unobstructed view (there are no obstacles blocking the view)** – ko'rishga hech nima xalaqit bermaydigan manzara
- 25 **boat trip** – qayiqda sayohat qilish
- 26 **secluded beaches** – yashirin plyajlar, qirg'oqlar  
**Quiet secluded from hustle and bustle of the city life** – shahar shovqinidan ancha uzoqda  
*The area was quiet secluded from hustle and bustle of the city life.*
- 27 **it's well worth the trip** – vaqtni sarflab borishga arziydi, arzigulik sayohat
- 28 **it's all Greek to me** – manga bu tushunarsiz
- 29 **pardon my French** – qo'pol bo'lsaham uzr  
*Pardon my French, what hell is going on?*
- 30 **when in Rome, do as the Romans do** – borgan joyning qonun-qoidalariga rioya qilishing kerak
- 31 **All roads lead to Rome** – (hamma yo'llar Rimga olib boradi) hamma yo'l bilan (maqsadinga) o'sha manzilga erishasan.  
*In order to improve your speaking, either watch English movies or speak to native speakers, all roads lead to Rome.*

## 22 Crime

- 1 to break the law – qonunni buzmoq
- 2 to commit a crime – jinoyat sodir qilmoq
- 3 savage rape – shavqatsizlarcha zo'rlash
- 4 brutal murder – shavqatsizlarcha qotillik
- 5 barbaric, horrible, vicious crime – shavqatsizlarcha qilingan jinoyat
- 6 attempted murder – o'ldirishga harakat qilib ko'rilgan, lekin o'ldira olinmagan qotillik
- 7 (attempted) kidnapping – odam o'g'irlash
- 8 (attempted) break-in – uyga buzib, bosirib kirish
- 9 allaged assault - isbotlanmagan qurolli tahdid
- 10 allaged harassment – isbotlanmagan qiynoq
- 11 allaged rape – isbotlanmagan zo'rlash
- 12 victim – qurbon
- 13 to report the crime – jinoyat haqida ma'lumot bermoq
- 14 investigate the crime – jinoyatni taftish qilish
- 15 crime scene – jinoyat joyi, jinoyat sodir bo'lgan joy
- 16 gather forensic evidence (bullet, fingerprints, blood sample, DNA) – qonuniy dalillarni yig'moq
- Bullet – o'qlar
- Fingerprints – barmoq izlari
- Blood sample – qon namunalari
- DNA - DNK
- 17 witnesses come forward – quvohlar paydo bo'ladi  
*If witnesses come forward, the police will interview them.*
- 18 a first-hand account – guvohdan olingan dastlabki guvohlik
- 19 motives for the crime – jinoyatga sabab bo'lgan narsalar
- 20 to arrest suspects – gumondorlarni hibsga olmoq
- 21 to prove one's innocence – aybsiz ekanligi isbotlamoq
- 22 to provide solid alibi – jinoyat qilmaganini isbotlash uchun, jinoyat sodir bo'lgan paytda boshqa joyda ekanligini isbotlamoq
- 23 unsolved crime – ochilmagan jinoyat
- 24 crime rate – jinoyat darajasi
- 25 crime wave – jinoyat to'lqini (katta darajada)
- 26 first-time offender – muqaddam sudlanmagan
- 27 to have a criminal record – muqaddam sudlanmoq
- 28 serial killer – ketma-ketqotillik qilgan qotil
- 29 organized crime – tashkillashtirilgan uyushgan jinoyat
- 30 notorious criminal – juda ham mashhur jinoyatchi
- 31 a cold-blooded killer/murderer – sovuq qon qotil
- 32 a crazed/psychopathic killer – psixopat, jinni qotil, manyak

- 33 domestic violence** – uy ichida bo'ladigan zo'ravonlik (er xotinini urishi, farzandlarga ko'rsatiladigan zug'um)
- 34 drug trafficking** – narkotik moddalarning noquniy oldi-sotdisi va tashish
- 35 identity theft (imposter)** – insonni shaxsiy ma'lumotlarini o'g'rilab, uni nomidan not'g'ri ish yuritadigan odam
- Imposter** – o'zini boshqa nom bilan tanishtiradigan jinoyatchi
- 36 sexual harassment** – jinsiy zo'ravonlik
- 37 petty (a minor) crime** – kichik jinoyat
- 38 armed robbery** – qurolli bosqinchilik, talonchilik
- 39 bandit territory** – huquqlarni, qonunlarni mensimaydigan hudud
- 40 behind bars (in the can)** – qamoqda
- 41 cat burglar** – mohir o'g'ri
- 42 do a runner** – restoranga kirib, pulini bermasdan qochib ketish
- 43 get away with murder** – jinoyat sodir qilib, jazodan qutulib qolish
- 44 highway robbery** – qip-qizil o'g'rilik; bu tuppa tuzuk talonchilikku
- 45 new sheriff in the town** – yaqindagina lavozimga tayinlangan boshliqlarga nisbatan ishlatiladi
- 46 poacher turned gamekeeper** – jinoyatchi birdaniga qonun himoyachisiga aylanibdi

### **23 Law/Justice**

- 1 to pass the law** – qonunni qabul qilmoq
- 2 to uphold and enforce the law** – qonunni kuchga kiritmoq, amalga oshirmoq (to put into practice)
- 3 to be charged with a crime** – jinoyatda ayblanmoq
- 4 to appear in court** - sudga kelmoq
- 5 to stand trial (be judged guilty or innocent)** – aybsiz yoki aybdor deb topmoq(hukm qilmoq)
- 6 reach verdict (arrive at a decision)**– bir xulosaga kelmoq
- 7 irrefutable, overwhelming or concrete evidence** – rad etib bo'lmas dalil
- 8 jury will be unanimous** – ularning barchasi rozi
- 9 evidence is circumstantial or inconclusive (the evidence does not 100%prove the conclusion)** – dalil 100% ma'qullanmagan, hali bir qarorga kelinmagan
- 10 to have a hung jury** – bir qarorga kelinmagan
- 11 a light sentence (small punishment)** – yengil jazo
- 12 to pay a fine** – jarima to'lamoq
- 13 do community service** – jamoatchilik ishiga jalb qilinmoq
- 14 go to prison** – qamoqqa bormoq (jinoyat qilgani uchun)
- 15 a harsh sentence** – og'ir jazo
- 16 life in prison = life imprisonment** – butun umrlik qamoq
- 17 death penalty** – o'lim jazosi
- 18 to appeal the verdict (try to change decision)** – qarorni o'zgartirishga harakat
- 19 a prolonged legal battle** – uzoq cho'zilib ketgan sud ishi



- 20 to uphold the original verdict (to continue with original decision)**  
**21 to overturn the original verdict (to change the decision)**  
**22 a convicted criminal - ayblanuvchi**  
**23 to Serve time (to spend time in prison)**  
**24 to be released from prison early for good behavior** – yaxshi xulqi uchun qamoqdan ozod qilinmoq  
**25 a threat to society** – jamiyatga xavf  
**26 to be on parole** – shartli ravishda ozod qilinmoq  
**27 to bring someone to justice** – kimgadir nisbatan adolat olib kelmoq, kimgadir nisbatan adolatni qaror toptirmoq  
**28 miscarriage of justice** – kimnidir nohaq ayblash  
**29 null and void** – bir tiyinga qimmat, qonuniy ahamiyatga ega emas, odamlar amal qilmaydigan  
**30 justice is blind** – qonun oldida hamma birday  
**31 Jersey justice** – juda ham shavqatsiz qonun  
**32 in the interest of justice = for the sake of justice** – qonunga ko'ra, qonun yo'lida  
**33 law of the jungle** – o'rmon qonuni, hamma o'zi uchun, tirik qolishi uchun xudbinlik qilib bo'lsada o'zi harakat qiladi  
**34 the long arm of the law** – qonunning kuchi, qonunning uzun qo'li  
**35 not have a leg to stand on** – dalil, yaqqol isbot yo'q  
*You have to provide solid alibi, but you do not have a leg to stand on.*  
**36 open-and-shut case** – oydin, shunday ko'rinib turgan masala, jinoyat  
**37 smoking gun** – jinoyat sodir qilinganini ko'rsatadigan yaqqol daliliy ashyo

## **24 War/piece**

- 1 war has broken out** – urush boshlandi  
**2 violence has erupted** – urush boshlandi  
**3 declare war** – urush ochmoq, urush e'lon qilmoq  
**4 pre-emptive strike** – barvaqt, erta hujum  
**5 stockpiling weapons** – qurol-yaroqlari yig'imoq (qurollanish poygasi)  
**6 unprovoked attack** – ogohlantirilmay, to'satdan boshlangan adolatsiz urush  
**7 tensions may rise** – ziddiyatlar paydo bo'lishi  
**8 on the brink of war** – urush arafasida  
*Two countries are on the brink of war.*  
**9 deploying troops** – safarbar etilgan qo'shinlar  
**10 be stationed/posted** – ma'lum bir hududga joylashmoq  
**11 launch an offensive** – jangni boshlamoq  
**12 storm/invade enemy territory** – dushman hududini, territoriyasini egallamoq  
**13 horrors of war** – urush daxshatlari  
**14 be caught in crossfire** – urush o'chog'ida qolib ketgan  
**15 suffer civilian casualties** – beayb odamlarning yaralanishi va o'lib ketishi  
**16 collateral damage** – mulkka, binolarga yetkazilgan zararlar

- 17 **refugees displaced** – qochoqlar paydo bo'lishi  
**refuge** – boshpana      **refugee** - qochoq
- 18 **resettle in...** - boshqa joyga ko'chib ketmoq, boshqa joydan qo'nim topmoq
- 19 **flee to...** - qochmoq
- 20 **decisive battle** – hal qiluvchi jang  
**decisive decision** – hal qiluvchi qaror
- 21 **negotiate a truce/ceasefire** – urushni to'xtatishga kelishmoq
- 22 **restore peace** – tinchlikni qayta tiklamoq
- 23 **fragile/uneasy peace** – (juda ham erishish qiyin bo'lgan) mo'rt, nozik tinchlik, tezgina buzilib ketishi mumkin bo'lgan
- 24 **bring stability** – barqarorlik olib kelmoq
- 25 **lasting peace** – uzoq, davomiy tinchlik
- 26 **peacekeeping forces** – tinchlikparvar kuchlar
- 27 **avert war** – urushdan o'zini olib qochmoq, urushni oldini olmoq
- 28 **open fire** – o't ochmoq
- 29 **a turf war** – 2 hududni talashib urushmoq
- 30 **All's fair in love and war** – urushda hamma narsa mumkin
- 31 **Before you can say knife** – qisqa vaqtda
- 32 **Bury the hatchet** – urushni to'xtatmoq
- 33 **to cross swords** – urushmoq, bir-biri bilan nizolashmoq
- 34 **dodge the bullet** – biror narsadan osonlik bilan, muvaffaqiyat bilan qutulib qolmoq
- 35 **fight fire with fire** – dushmanga o'zini taktikasi bilan javob qaytarmoq
- 36 **get the axe** – urushni to'xtatmoq, tugatmoq
- 37 **have a riot = enjoy yourself = have a nice time**
- 38 **knight in shining armour** – xaloskor
- 39 **Lock and load** – tayyor bo'lmoq

## 25 Global problems

- 1 **preserve/protect the environment** – atrof muhitni saqlash/himoya qilish
- 2 **fossil fuels** – yonilg'i, yoqilg'ilar (neft, tabiiy gaz, ko'mir)
- 3 **greenhouse gases** – atmosferaga chiqayotgan issiqliklar, tutunlar  
**greenhouse effect** - atmosferaga chiqayotgan issiqliklar, tutunlarning ta'siri
- 4 **deplete the ozone layer** – ozon qatlamini yemiradi
- 5 **global warming** – havoni global miqyosda, yer yuzida isib ketishi
- 6 **climate change** – ob-havo haroratidagi o'zgarishlar  
*Unexpected climate change*
- 7 **do irreparable damage** – tuzatib bo'lmas zarar yetkazish
- 8 **rising sea levels** – dengiz sathini ko'tarilishi
- 9 **natural disasters** – tabiiy ofatlar
- 10 **animal species have gone extinct** – jonivorlar qirilib ketdi  
**become extinct**
- 11 **animal species are endangered** – yo'qolib ketish xavfi ostidagi hayvonlar

- 12 clean energy** –
- 13 renewable resources** – qayta tiklansa bo'ladigan, ishlatsa bo'ladigan manbalar
- 14 harmful to the environment** – atrof-muhitga zarar
- 15 die of hunger/starvation** – ochlikdan halok bo'lib ketish
- 16 extreme poverty** – juda ham qashshoqlik
- 17 developing countries** – rivojlanayotgan mamlakatlar  
**developed countries** – rivojlangan mamlakatlar
- 18 food shortage** – ovqat yetishmovchiligi
- 19 lack of access to clean water** – toza suv yo'q
- 20 homeless people** – uysiz odamlar
- 21 homeless shelters** – uysizlarning boshpanalari
- 22 on the margins of society** – jamiyatdan aralib qolgan, dunyodan uzilib qolgan
- 23 live below the poverty line** – qashshoqlikdan ham yomon ahvolda yashamoq
- 24 welfare programs** – odamlarga yordam, pul beradigan programmalar
- 25 to alleviate poverty** – qashshoqlik, kambag'allikni yaxshilamoq
- 26 preventable diseases** – oldini olsa bo'aldigan kassalliklar
- 27 safe and effective vaccines** – xavfsiz va samarali vaksinalar
- 28 child labor** – bolalar mehnati
- 29 disadvantaged backgrounds** – juda ham qashshoq oilalar, holatlar
- 30 human trafficking** – odam savdosi
- 31 sexual exploitation** – jinsiy eksplatatsiya
- 32 at one's wit's end** – oxirgi sabr kosam to'lib boryapti
- 33 catch-22 situation** – uddalab bo'lmas holat
- 34 the crux of the matter (the most important, serious part of the matter, problem or argument)** – muaamonging eng asosiy qismi, nuqtasi  
*The crux of the country's economic problem is its foreign debts.*
- 35 grasping at straws** – somonni ichidan igna qidirmoq (chiqmagan jondan umid)  
 The police are **grasping at straws** because there is virtually no evidence at the crime scene
- 36 in dire straits = in a very serious, bad situation** – juda ham qiyin holatda ahvolda
- 37 you've got your work cut out for you** – oldingda juda ham qiyin vazifa turibdi  
*You want to finish a 4-year college degree in just 2 years, well you've got your work cut out for you*
- 38 last resort =fighting chance** - oxirgi imkoniyat
- 39 the tip of the iceberg (only a small part of problem)** – muammoning bir uchi, bo'lagi
- 40 a vicious cycle (when one problem causes another problem which then causes the first problem again)** – bir-biriga sabab bo'ladigan muammolar

## 26 Time

**1 in a rush** – shoshgan

*Are you always in a rush. (doim shoshilib yurasizmi)*

- 2 to take one's time** – vaqtdan bimalol foydalanmoq  
*Are you always in a rush or do you take your time? (doim shoshilib yurasizmi yoki vaqtiz bimalolmi?)*
- 3 spend one's time** – vaqtni sarflamoq
- 4 waste time** – vaqtni behuda sarflamoq
- 5 ungodly hours** – juda kech tun yoki juda barvaqt tong
- 6 to take ages** – juda ko'p vaqt oladi
- 7 time-management (adj)** – vaqtni rejalashtirishga oid...  
time-management habits
- 8 well in advance** – ancha oldindan (harakat qilishning kk edi)
- 9 amount of time** – vaqt miqdori
- 10 grueling schedule** – juda ham zich, tig'iz jadval
- 11 time-consuming tasks** – ko'p vaqt talab qiladigan vazifalar, ishlar
- 12 pressing commitments** – juda shoshilinch uchrashuvlar, ishlar
- 13 establish a timeline** – qiladigan ishlarizni jadvalini tuzmoq
- 14 to leave things to the last minute** – hamma narsani oxirgi minutga taqab qo'yimoq, oy tuynukka kelganda)
- 15 to run out of time** – vaqtning tugab qolishi
- 16 stick to the schedule** – jadvalga rioya qilish
- 17 get ahead** – jadvaldan oldinga o'tib ketish
- 18 fall behind** – jadvaldan ortda qolib ketmoq
- 19 a strict deadline** – qat'iy tugash muddati
- 20 rush hour** – tig'iz vaqt (ishga ketayotgan, ishdan qaytayotgan vaqt)
- 21 eight solid hours** – 8soat to'liq  
*You have to sleep for eight solid hours.*
- 22 from dawn till dusk** – tongdan shomgacha, ertalabdan kechgacha
- 23 spare/free time** – bo'sh vaqt
- 24 to cut back on one's hours** – ish soatini kamaytirmoq
- 25 to free up some time** – biroz vaqt bo'shatish, bo'sh vaqt ochish
- 26 time flies** – vaqt oqar suvdek
- 27it is high time** – vaqt bo'ldi
- 28 third time's a charm** – uchinchisi halol, uchinchisiga ham urinib ko'r
- 29 beat the clock** – bironta ishni belgilangan vaqtdan oldin tugatish
- 30 better late than never** – hechdan ko'ra, kech yaxshi
- 31 at the eleventh hour (negative)** – eng so'ngi daqiqalarda (kerakmas bo'lib qolganda)
- 32 in the long run** – va nihoyat uzoq vaqt o'tib...  
*You are here in the long run. I missed you so much.*
- 33 make up for lost time** – qoldirilgan narsalarni yetqizib olmoq, yo'qotilgan vaqtni o'rni qoplamoq
- 34 in the nick of time (positive)** – o'z vaqtida, muddat tugamasdan
- 35 ship has sailed** – poyezd o'tib ketdi

**36 around the clock** – 24 soat

*We work around the clock.*

**37 in one stroke** –

**38 not born yesterday** – tajribali

**39 on someone's watch** – kimnidir navbatida

## **27 Sound**

**1 lovely/pleasant/soft sound** – yoqimli ovoz

**soft sound** – eshitish qiyin, juda ham past

**2 horrible screeching sounds = unpleasant sound** – yoqimsiz ovoz

**3 background noise** – orqadan eshitiladigan shovqin

**4 annoying buzzing noise = unpleasant sound** – yoqimsiz ovoz

**5 loud sound/noise** – baland shovqin, ovoz

**6 deafening sound/noise** – juda ham baland, kar qiladigan ovoz

**7 faint/soft sound/noise** – eshinishi qiyin

**8 muffled sound** – ichkaridan chiqayotganday, tiniq eshitilmaydi (uyga qamalib qolgan odam)

**9 constant/incessant noise** – davomiy shovqin

**10 roar of traffic** – avtomobillar shovqini

**11 hum of machinery** – zavoddagi tinmasdan ishlaydigan texnikalarning ovozi

**12 music blaring** – musiqani baland qilib qo'yilishi

**13 birds chirping** – qushlarning sayrashi

**14 dogs barking** – itlarning hurishi

**15 waves crashing** – to'lqinlarni kelib qoyaga urilishidan hosil bo'lgan qirg'oqdagi ovoz

**16 wind whistling** – shamolning shovqini

**17 rumble of thunder** – momoqaldiroq gumbirlashi

**18 absolutely/completely/perfectly silent** – jimjit

**19 silence descended/fell** – jimjitlik, sukunat cho'kdi

**20 break/shatter the silence** – jimjitlik, sukunatni buzmoq

**21 oddly/strangely/uncharacteristically quiet** – g'alati, kutilmagan jimjitlik (yosh bola yomon ish qilib qo'ygandagi jimjitlik)

**22 awkward/uncomfortable silence** – hayajondan, uyalishdan kelib chiqqan jimjitlik

**23 stony/sullen silence** – urush, janjaldan keyingi jimjitlik

**24 shocked/stunned silence** – juda ham hayratlanib qolgandagi jimjitlik

**25 ominously/eerily quiet** – xavf ostidagi jimjitlik (o'rmonda bitta o'ziz ketyapsiz)

**26 (as) sound as a bell** – yangi, zo'r yaxshi holatda (mashina, tarvuzni urib ko'rganda)

**27 (as) sound as a dollar = solid oak** – barqaror

*It is as sound as a dollar.*

*It sounds as a dollar.*

**28 empty vessels make the most sound** – axmoq odam ko'p gapiradi

**29 in a sound sleep** – chuqur uyquda

**30 safe and sound** – xavfsiz

**31 sound a false note** – noto'g'ri bajarmoq, xato gapirmoq

**32 sound as a barrel = in good health** – soppa-sog'

**33 sounds like a winner!** – bu yaxshidek tuyulyapti, to'g'riday tuyulyapti



